

MAGNETIC TATTOO REMOVAL™

PROTOCOL AND BEFORE & AFTER CARE GUIDELINES

Microblading & PMU Removal

SECTION 1 — PLEASE POSTPONE TREATMENT IF ANY OF THE FOLLOWING APPLY

Do not proceed with your Magnetic Tattoo Removal® (MTR) session if any of the following currently apply. Please advise your technician before proceeding.

- ▶ You have had a neurotoxin injection (such as Botox, Xeomin, Dysport, etc.) or dermal filler injections within the last 4 weeks. Wait at least 4 weeks after these treatments before proceeding with MTR.
- ▶ You have undergone LASER, saline, or acid removal on the area to be treated. You must wait 10 weeks after these treatments before having MTR.
- ▶ You are undergoing a series of chemical peels, skin laser treatments, surgery, or acne treatments. You must wait 6 weeks before MTR.
- ▶ You are using skincare products containing active ingredients such as retinol, tretinoin, or hydroquinone. You must wait 4 weeks after stopping these products before having MTR.
- ▶ You are currently using or have used Accutane within the last 6 months. You must wait 6 months before having MTR.
- ▶ You are undergoing chemotherapy or radiation treatment for cancer. Obtain clearance from your treating physician before having MTR.
- ▶ You have active skin conditions or illnesses (such as eczema, psoriasis, or rash). Seek clearance from your treating physician before MTR treatment.
- ▶ You have an active case of oral herpes. You must be symptom-free for 4 weeks and have a prescription from your provider to take before and after your MTR treatment on the lips.
- ▶ You are currently pregnant, breastfeeding, or nursing. You must wait until you are finished before having MTR.
- ▶ You are on blood-thinning treatments (such as Aspirin, daily ibuprofen, Eliquis, Coumadin, etc.). Aspirin and ibuprofen must be stopped 3 days before treatment. Depending on your circumstances, you may not be a candidate for MTR.

SECTION 2 — PREPARATION FOR YOUR APPOINTMENT

- 1. Clean face:** Arrive with a bare, clean face free from makeup, toner, or moisturizer. This ensures optimal conditions and enhances treatment efficacy.
- 2. Avoid stimulants:** Refrain from consuming alcohol, coffee, or other stimulants 24 hours before the appointment. Avoid medications that may increase bleeding or affect skin sensitivity.
- 3. Menstrual cycle:** Treatment is feasible during menstruation, though sensitivity may be slightly heightened.
- 4. Avoid eyebrow treatments:** Refrain from waxing, tanning, or tinting the eyebrow area for at least 3 days before the appointment to minimize skin irritation.
- 5. Avoid anti-aging treatments:** Avoid microdermabrasion, retinol, chemical peels, laser, or facials for at least 4-6 weeks before the appointment to prevent skin sensitivity.

SECTION 3 — DURING THE TREATMENT

- ▶ We generally recommend avoiding numbing creams. Numbing agents cause vasoconstriction (tightening of blood vessels), which can:
 - reduce the natural release of pigments and fluids
 - slow down the detox/elimination process
 - make results less efficient over time
- ▶ It does not block results completely, but it can delay progress and increase the number of sessions required.
- ▶ Tingling sensations during the session may occur due to the alcohol content in the E-Dermis solution, which is normal.

SECTION 3 B— IMMEDIATELY AFTER THE SESSION (ON YOUR WAY HOME)

- ▶ Use the clean, dry tissue we provided to gently dab the treated area on your way home and remove lymph fluid.
- ▶ Post-session, itching and slight discomfort on the skin are normal.
- ▶ During summer, protect your skin by wearing sunglasses and a hat on your journey home.

SECTION 4 — ONCE YOU ARE HOME

1. Upon returning home: Cleanse your face with natural soap that is free from perfumes and dyes. Gently dry the area with a clean cotton towel, then apply a thin layer of E-DERMIS Aftercare to the treated area.

2. First 7 days: Cleanse your face with a gentle cleanser both morning and evening, followed by applying a thin layer of E-DERMIS Aftercare to the treated area. Apply E-DERMIS Aftercare several times daily for one week.

3. If you have previously undergone invasive removal procedures (laser, saline, high-alkaline, or acid removal):

- Apply Neosporin (orange band, not red) or an equivalent antibiotic ointment available in the USA or your country twice daily (morning and evening) for the first 3 days, instead of the Aftercare cream.
- After the first 3 days, apply Mebo Cream or an equivalent product available in the USA or your country for 1 week.
- After that, apply E-DERMIS Aftercare in a thin layer for 2 weeks.
- The total duration of the post-care treatment is approximately 3 weeks.
- **Important:** Apply all ointments and creams in a thin layer only.

Note: E-DERMIS Aftercare and Mebo Cream may be applied several times a day, provided the skin and your hands/fingers are clean before application.



Neosporin (orange band) antibiotic ointment



Mebo Ointment



E-Dermis After care

4. **Smokers:** Apply a thin layer of E-DERMIS Aftercare before smoking to protect the treated area.
5. **Normal activities:** You can resume normal activities from the day of treatment, including work, showering, and exercise.
6. **Light scabbing:** Expect light scabbing of the skin as it heals. The skin typically recovers within one to two weeks. Light pink skin after healing should not be mistaken for scars.
7. **Follow-up sessions:** Sessions can be scheduled every 3 to 4 weeks based on your skin response to treatment.

SECTION 5 — GENERAL POST-CARE INSTRUCTIONS

1. **Keep the area clean and open to air:** Maintain cleanliness and allow proper airflow to the treated area. Avoid covering with bandages or occlusive dressings — air/oxygen promotes faster healing.
2. **Avoid soaking in water:** Refrain from soaking the treated area. Showering is permitted but keep the area out of direct water spray and ensure it remains dry.
3. **Restrict certain activities:** Avoid bathing, swimming, saunas, hot tubs, tanning, or strenuous exercise during the initial healing period.
4. **Do not disrupt the scabbing process:** Allow natural scabbing and healing without interference. Picking, scratching, or disrupting scabs can cause delayed healing, scarring, and compromised results.
5. **Treat the area with care:** Handle the area treated gently. Refrain from touching it with unclean hands.
6. **Special instructions for lips:** Use a straw for drinking, brush gently, and avoid biting into food to prevent unnecessary stress on the treated area.
7. **Red-light therapy prohibited:** The use of red-light therapy is forbidden for one month after the session.

SECTION 6 — SPECIFIC POST-CARE: EYEBROWS & LIPS

- 1. Aftercare application:** Apply the provided E-DERMIS Aftercare products multiple times daily as directed for optimal healing and maintenance of the treated area.
- 2. Interval between sessions:** Allow a minimum of 3 weeks between sessions to facilitate adequate healing and prevent overexertion of the skin. Sessions are typically spaced 3 to 4 weeks apart as recommended by the technician.
- 3. Daily washing:** Wash the face daily with a gentle cleanser and reapply E-DERMIS Aftercare to the treated area to maintain cleanliness and support the healing process.

SECTION 7 — DETOX & SNOW LIPS — ADDITIONAL POST-CARE

- 1. Aftercare application:** Apply provided E-DERMIS Aftercare products frequently. Avoid consuming stain-inducing substances and spicy foods to minimize irritation and discomfort.
- 2. Sun protection:** Avoid sun exposure and wear protective clothing or hats to shield the area treated from UV rays, reducing the risk of pigmentation changes.
- 3. Hygienic practices:** Avoid smoking or drinking coffee immediately after treatment to support healing and prevent contamination of the treated area.
- 4. Follow-up monitoring:** Keep the technician informed of any concerns or changes in the healing process. Seek medical attention if complications arise.

SECTION 8 — WHAT TO AVOID AFTER TREATMENT

- 1. Hair coloring:** Do not color your hair for 28 days after treatment.
- 2. Eyebrow coloring / henna:** Avoid eyebrow coloration or henna after tattoo removal.
- 3. Sun exposure:** No sun exposure for one week. Keep sunglasses and a hat when outside.
- 4. Sunscreen on treated area:** Avoid applying sunscreen directly to the treated area for one week.
- 5. Tanning:** No tanning, either indoors or outdoors, during the healing period.
- 6. Active skincare products:** Do not use active skincare products (retinols, tretinoin, hydroquinone, AHA/BHAs, etc.) until all your sessions are completed.
- 7. Chemical treatments:** Do not receive any chemical peels, laser treatments, dermaplaning, or facials for 3–4 weeks before or after any sessions.
- 8. Touching the treated area:** Avoid touching the treated area with dirty fingers or scratching it with your nails.
- 9. Makeup on treated area:** Do not wear makeup on the treated area for 10 days. After 10 days, you may use powder makeup or a pencil on the area.
- 10. Severe diabetes / delayed wound healing:** If you have severe diabetes or delayed wound healing, avoid any removal treatments and forms of permanent makeup.

Important Notes

- These guidelines are provided by Technician as part of the certified Magnetic Tattoo Removal™ protocol.
 - If you experience any signs of infection (redness, swelling, red streaks, fever, or purulent drainage), seek immediate medical care and notify your technician.
 - For any questions or concerns about your healing process, contact your technician directly. Do not seek follow-up treatment from a third-party provider unfamiliar with the MTR protocol.
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